

August 8, 2021

God Brings Us Joy, Philippians 4:4-8.

Four ways to handle stress in your life.

1. \_\_\_\_\_ causes more stress than many people realize.
2. \_\_\_\_\_ about everything.
3. \_\_\_\_\_ \_\_\_\_\_ in all things.
4. Things that you \_\_\_\_\_ on can help alleviate stress.